

Vegetarian & Vegan Menu

ANTIPASTI

*Classic Italian antipasti made using only the finest local produce
& specially imported Italian ingredients*

MIXED OLIVES (ve)	3.95	BRUSCHETTA AI FUNGHI (ve)	7.25
ARTISAN MIXED BREADS (ve)	5.95	Toasted artisan bread with sautéed mushrooms, garlic, parsley & a hint of chilli	
With homemade olive & chilli tapenade			
PANE ALL'AGLIO		BRUSCHETTA ALLA CIPPOLINA	7.50
Garlic bread with fresh rosemary & sea salt (ve)	5.00	Toasted artisan bread with red onion chutney, crumbled goat's cheese, fresh rocket leaves & a balsamic drizzle	
Garlic bread with tomato & fresh basil (ve)	5.50		
Garlic bread with fior di latte mozzarella	6.75	FUNGHI ALL'AGLIO	7.95
ZUPPA DEL GIORNO (ve)	6.25	Large flat mushrooms oven baked in garlic, white wine & cream with a hint of chilli, served with garlic rubbed toasted artisan bread	
Freshly homemade tomato & basil soup served with warm artisan bread			
BRUSCHETTA AL POMODORO (ve)	7.25	MOZZARELLA FRITTA	7.95
Toasted artisan bread with freshly chopped sweet cherry tomatoes marinated in extra virgin olive oil, garlic & basil with a hint of chilli		Mozzarella cheese coated in breadcrumbs, deep fried & served with a rich tomato sugo	
		BUFALA DI PESTO	10.50
		A buffalo mozzarella ball infused & filled with pesto genovese topped with sweet cherry tomatoes	

PASTA E RISOTTO

We present the finest Italian pastas, 100% Arborio rice & handmade artisan egg pasta parcels used in Tuscan cuisine

RISOTTO AI FUNGHI	12.95	SPAGHETTI ALLA PEPERONATA (ve)	13.25
A delicate wild mushroom & mascarpone cheese risotto, topped with fresh rocket & parmesan shavings		Spaghetti in a rich tomato sugo with roasted red peppers, garlic, chilli & black olives	
RISOTTO E PISELLI (ve)	12.50	SPAGHETTI GENOVESE	12.95
A fresh pea, mint & green bean risotto		Spaghetti in a famous basil pesto sauce from Genoa	
RISOTTO BARBABIETOLA	12.95	RAVIOLI CON SPINACI	14.25
A beetroot & crumbled goat's cheese risotto, topped with on the vine cherry tomatoes		Artisan ricotta cheese ravioli on a bed of wilted spinach, draped in a rich tomato & basil sugo	
PENNE ARRABBIATA (ve)	10.95	GNOCCHI ALL'ORTO	12.95
Penne pasta in a tomato, garlic, onion & fresh chilli sauce, sprinkled with parsley		Baked potato dumplings in a tomato sugo with spinach, mushrooms, onions & sweet bell peppers	

OUR RESTAURANTS

ROCCOS
ITALIAN KITCHEN

ZINIZ
RESTAURANT & WINE BAR


THE
HERBALIST

DANTE'S
ITALIAN

PIZZA

Our pizzas are stone baked & freshly handmade with specially imported flour, 100% fior di latte mozzarella & the best Italian plum tomatoes to bring to you a true authentic taste of Italian pizza

MARGHERITA Tomato, mozzarella, fresh basil & extra virgin olive oil	10.95	BIANCA Mozzarella, fresh beef tomatoes, rocket leaves & parmesan shavings	12.95
FIorentina Tomato, mozzarella, spinach, Italian egg & black olives	13.50	CAPRETTO Tomato, mozzarella, goat's cheese, red onions & roasted red peppers, topped with fresh rocket leaves	13.50
PRIMA VERA (ve) Tomato, vegan cheese, spinach, mushrooms, red onion, peppers & black olives	13.50		

CONTORNI

We have carefully chosen our side dishes using locally sourced fresh produce & authentic Italian seasonal ingredients

SALTATE (ve) Sautéed potatoes with rosemary & red onions	3.95	PEPERONATA (ve) Roasted peppers, tomato, garlic & chilli	4.25
FRITTE (ve) Fries	3.50	ZUCCHINE FRITTE Courgette fries	4.25
PURÈ DI PATATE Pureed potato	3.50	VERDURE Buttered greens	3.95
PATATE Buttered baby new potatoes & parsley	3.50	INSALATA DELLA CASA (ve) House salad	4.25
SPINACI Cream spinach, garlic, chilli & a hint of nutmeg	4.25	INSALATA DI RUCOLA Rocket & parmesan salad	4.25
		INSALATA DI POMODORO (ve) Tomato & red onion salad	4.25

ALL OF OUR DISHES ARE FRESHLY PREPARED & WE ARE HAPPY TO CATER THEM TO ANY SPECIAL REQUIREMENTS.

ALLERGIES:

Some of the menu items contain nuts, seeds and other allergens. Therefore there may be some risk that traces of these could be in any dish served here. Please discuss with your server if you have any concerns or allergies so we can ensure the safety of your meal.

GM FOODS:

Wherever possible we are aiming to avoid products containing GM soya and maize. However, at present some of our products may contain such ingredients.

A DISCRETIONARY 10% GRATUITY WILL BE ADDED TO THE BILL.
ALL GRATUITIES ARE DISTRIBUTED AMONGST OUR STAFF.